****Primary Curriculum Framework for

Relationships Education,

Relationships and Sex Education

and Health Education

Revised May 2021

Diocese of Hexham and Newcastle Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education

In March 2017 the Catholic Bishops’ Conference of England and Wales published *Learning to Love: An Introduction to Catholic Relationship and Sex Education (RSE) for Catholic Educators*. This framework has been informed by *Learning to Love*. In a Catholic school all teaching about love and sexual relationships and the Catholic Church’s teaching about what it is to be truly human in Christ and what it means to live well in relationship with others must be rooted in Gospel values (from which British values are derived). This curriculum framework is being offered to help schools deliver quality Relationships Education, Relationships and Sex Education and Health Education adhering to guidance from the Department for Education which states:

*‘To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships… High quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils for the opportunities, responsibilities and experiences of adult life. They can also enable schools to promote the spiritual, moral, social, cultural, mental and physical development of pupils, at school and in society’.*

*(Relationships Education, Relationships and Sex Education and Health Education DfE February 2019)*

**Structure**

This Relationships Education, Relationships and Sex Education and Health Education curriculum framework, is offered as guidance, to be adapted by schools as required. It covers EYFS, KS1, lower KS2 and upper KS2 and it is based on five core themes within which there will be some overlap. It is adaptable to the age and ability of the pupils. The five themes are:

Moral (this explores the individual)

Children will learn: about the Christian belief to love self, made in the image and likeness of God, and an understanding of the importance of respecting, valuing and understanding themselves as the basis for personal relationships.

Spiritual (this explore the individual’s approach to the world and relationships through their relationship with God)

Children will learn: about the Christian belief in a personal relationship with God which will guide their relationships with others.

Physical (this explores the individual’s response to the world as they change and develop physically)

Children will learn: about how they change and grow, the changes that will take place in their body and rooted in the command to love, the basis of all Christian life.

**\***They will learn the facts about human reproduction, how love is expressed sexually and how sexual love plays an essential and sacred role in procreation

Emotional (this explores the individual’s relationships through their emotional responses and how to deal with them)

Children will learn: about the changes which happen in life, how to manage their feelings and behaviour rooted in Gospel values.

Social (this explores the individual’s relationships with others in the local community and the wider world)

Children will learn: how human beings live in the wider community, including how to keep safe in situations with others and how to spread the Gospel for the good of individuals and the wider world.

This curriculum framework refers to resources being used across our Diocesan schools including *Come and See, Life to the Full* and *Journey in Love*. It shows how and where the learning takes place using these resources. [Page numbers are shown for the *Journey in Love* 2006 and 2020 editions*.*]

In addition, the framework shows where issues concerning safety and behaviour, for example cyber bullying, are covered in the curriculum. There are some other suggested resources on the back page of this document.

**\*parents have the right to withdraw their child from this aspect**

Progress in Relationships Education, Relationships and Sex Education and Health Education

Early Years to Key Stage Two

|  | EYFS | KS1 | LKS2 | UKS2 |
| --- | --- | --- | --- | --- |
| Moral | **I can:**  Say ’please’ and ‘thankyou’ | **I can:**  Be courteous, for example, remembering to say, ‘please’ and ‘thank you’ without prompting | **I can:**  Be courteous, showing good manners at home and in school | **I can:**  Be courteous in my dealings with friends and strangers |
| Say ‘sorry’ | Be forgiving, able to say sorry to mend relationships | Be forgiving, able to say sorry and not hold grudges against those who have hurt me | Be forgiving, developing the skills to allow reconciliation in relationships |
| Talk about the good things in my life | Give thanks for the good things in my life | Be grateful to others for the good things in my life | Demonstrate my gratitude to others for the good things in my life through words and actions |
|  | Look after myself and show respect to others | Be respectful of myself and others, recognising differences | Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics) |
|  | Be honest, able to tell the truth about my actions | Be honest, able to be truthful in my relationships with others | Be honest, striving to live truthfully and with integrity, using good judgement |
| Be patient when I do not always get what I want straight away | Accept that I do not always get what I want | Accept that I do not always get what I want and show an awareness of why this is | Be self-disciplined and able to delay or even deny myself |
| Show care for others | Be caring, aware of the needs of others | Be caring, aware of the needs of others and responding to those needs | Be compassionate, able to empathise with the suffering of others and displaying the generosity to help |
|  |  |  |  |  |
| Spiritual | **I know:**  That I am made by God | **I know:**  That I am special because I am made and loved by God | **I know:**  That life is precious and given by God | **I know:**  That we are all children of God and made in God’s image and likeness |
| That God loves me and I can talk to God through prayer | That prayer is listening to God as well as talking to Him | That I can spend time with God in prayer by myself and with others which helps me in life | That prayer and worship nourish my relationship with God and support my relationships with others |
| That Jesus cares for me and I am part of God’s family | That Catholics belong to the Church family and that Jesus cares for all | That belonging to the Church family means that I should love other people in the same way as Jesus does | That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching) |
| That Jesus tells us to love one another | That Jesus tells us to forgive one another | That following Jesus’ teaching on forgiveness can help me in my relationships my friends | The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus’ teaching on forgiveness |
| What I am good at | That I have individual gifts, talents and abilities, given by God | That God wants me to use my individual gifts, talents and abilities | That each person has a purpose in the world and that God has created me for a particular purpose which involves commitment and self-giving  (vocation) |
|  |  |  |  |  |
| Physical | **I know:**  That I am living and growing | **I know:**  That babies change and grow and that there are life stages from conception to death | **I know:**  That my body is changing as I grow and some of the changes that occur throughout life | **I know:**  The changes that occur at each stage of a human being’s life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty |
| That a baby grows inside its mother’s womb before birth | That a baby moves as it grows in its mother’s womb | How a baby grows and develops in its mother’s womb | About the week by week development of the baby in its mother’s womb |
| **I can:**  Identify living things | **I can:**  Identify the needs of people and other living things | **I can:**  Describe the needs of people and other living things, including the need to reproduce | How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle |
| Name similarities and differences between myself and others | Describe the similarities and differences between different people (general) | Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions | About the differences between boys and girls with regard to puberty and reproduction |
| Keep clean by washing and drying my hands | Say what I should do to keep my body healthy, (exercise, food, teeth, sleep, keeping clean) | Describe a healthy life-style, including physical activity, dental health, healthy eating, sleep and hygiene | About the impact that poor lifestyle choices can have on my health including physical activity, dental health, healthy eating, sleep, hygiene, drugs and alcohol. The facts and science relating immunisation and vaccination |
|  |  | Describe how to keep safe in the sun | Describe how and why to keep safe in the sun | About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage |
| Emotional | **I know:**  What I like and dislike | **I know:**  That we all have different likes and dislikes | **I can:**  Confidently say what I like and dislike | **I can**:  Be confident in my relationships with my peers in various situations, including online |
|  | That how I act can have consequences | **I know:**  That some behaviour is unacceptable | **I know:**  That some behaviour is unacceptable, unhealthy or risky |
| **I can:**  Say how I feel at different times | **I can:**  Name happy and sad times in my life | **I can:**  Describe the wider range of my feelings | **I can**:  Describe how my emotions may change and intensify as I grow and move through puberty |
|  |  | Describe changes that happen in life e.g. loss, separation, divorce and bereavement | Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement |
|  | Manage my feelings and behaviour | Cope with natural negative emotions and show resilience following setbacks | Show resilience and manage risk in order to resist unacceptable pressure  and show determination and courage when faced with new challenges |
|  |  | Talk about my mood and know that how I am feeling is a normal part of daily life | Describe some ways to maintain good mental health (exercise, diet, sleep, company) | Describe the impact that poor lifestyle choices can have on mental health and how exercise, fresh air, company  (Including helping others), hobbies, good diet and sleep can support mental well- being. |
| Social | **I know:**  Who can help me in school | **I know**:  Who to go to if I am worried or need help | **I know**:  That I can go to a number of different people for help in different situations. | **I know:**  That there are a number of different people and organisations I can go to for help in different situations and how to contact them |
| That I belong to a family and can name my family members | That healthy families love, care and protect one another and that there are different family structures and these should be respected. | That there are different types of relationships including those between acquaintances, friends, relatives and family | About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond , respecting diversity |
| When people are being unkind to me and others and how to respond | That there are different types of teasing and bullying which are wrong and unacceptable and how to respond | What bullying is (including cyber-bullying) and how to respond | How to report and get help if I encounter inappropriate materials or messages |
|  | How my behaviour affects other people and that there are appropriate and inappropriate behaviours | **T**hat not all images, language and behaviour are appropriate | How to use technology safely |
|  | Recognise the characteristics of positive and negative relationships | The difference between good and bad secrets | How to make informed choices in relationships |
|  | How to use simple rules for resisting pressure when I feel unsafe or uncomfortable | How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online | That my increasing independence brings increased responsibility to keep myself and others safe |
| **I can:**  Identify special people (family, carers, friends) in my life | **I can:**  Recognise what makes people special | **I can:**  Show care and concern for the special people in my life | **I can:**  Show care and concern for the special people in my life and put their needs before my own |
| Show friendly behaviour towards others | Be friendly and can make friends | Be friendly, able to make and keep friends. | Be loyal, able to develop and sustain friendships |
|  | Recognise that I belong to a variety of communities locally, nationally and globally | Show concern for the communities to which I belong , aware that my behaviour has an impact upon them | Be just and fair, acting with integrity to show understanding of the impact of my actions locally, nationally and globally |
| Ask questions about the wider world | Show awareness of differences between my life and others in the wider world | Identify injustices in the wider world | Speak out about injustice in the wider world and what I can do to help |
|  |  | Get adult help if someone is hurt | Make a clear and efficient call to emergency services if necessary | Describe some basic first-aid, dealing with common injuries |

Curriculum Overview

|  |  | Come and See | Journey in Love | Life to the Full | Statements to Live By | Early Learning Goals | Links to CAFOD  Resources | Links to Global Calendar |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Moral | **I can:**  **Say’ please’ and ‘thankyou’** |  |  |  | 19. I try to use words that make the world a better place | Managing feelings and behaviour  (40-60+mths) | Picture my World resource |  |
| **Say ‘sorry’** | Friends  (Reconciliation-  Summer term) |  | Module 1 Unit 3  Session 3  Let’s Get Real  Module 2 Unit 2  Session 3  Forever Friends | 31. I know how to show I am sorry | Managing feelings and behaviour  (40-60+mths) |  | International Day of Peace  21 September |
| **Talk about the good things in my life** | Myself (Domestic Church Autumn term)  Celebrating (Local Church-Spring term) |  |  |  |  | Picture My World resource | World Environment Day  5 June |
| **Be patient when I do not get what I want straight away** |  |  | Module 1 Unit 3  Session 3  Let’s Get Real |  | Managing feelings and behaviour  (30-50mths) |  |  |
| **Show care for others** | Family  (Domestic Church Autumn term)  Friends  (Reconciliation-  Summer term) | 2006: God loves each of us in our uniqueness  Reception p.13  2020:The wonder of being special and unique p.10 | Module 2  Created to Love Others  Unit 1 Religious Understanding | 27. I know how to help others when they are in trouble | Making relationships  (22–36mths) |  | Fair Trade Fortnight February  Refugee Week June |
| Spiritual | **I know:**  **That I am made by God** | Myself  (Domestic Church- Autumn term) | 2006: Wonder at God’s love  Nursery p.7, 10  2020: The wonder of being special and unique p.10 | Module 1 Created and Loved by God  Units 1 and 2 | 1. We are all special |  | Picture my World resource |  |
| **That God loves me and I can talk to God through prayer** | All Topics | 2006: Wonder at God’s love  Nursery p.10  2006: God loves each of us in our uniqueness  Reception p.14  2020: The wonder of being special and unique p.12 | Module 1 Unit 1 Religious Understanding  All Units from ‘Life to the Full’ introduce children to a variety of ways to pray |  |  |  |  |
| **That Jesus cares for me and I am part of God’s family** | Myself  (Domestic Church- Autumn term) | 2020: The wonder of being special and unique p.12 | Modules 1 and 2  Unit 1 Religious Understanding |  |  |  | Universal children’s day  20 November |
| **That Jesus tells us to love one another** | Friends  (Reconciliation-  Summer term) |  | Module 2 Unit 1 Religious Understanding  Module 3 Unit 1 Session 1 God is Love |  |  |  |  |
| **What I am good at** |  | 2006: God loves each of us in our uniqueness  Reception p.12 | Module 1 Unit 2 Session 1  I Am Me | 2. I can say one good thing about myself | Self-confidence and self-awareness (40-60+mths) | Picture My World |  |
| Physical | **I know:**  **That I am living and growing** | Growing (Lent/Easter  Spring term) |  | Module 1 Unit 4 Session 1  Growing Up |  | The world  (30 – 50mths) | Harvest Resources |  |
| **That a baby grows inside its mother’s womb before birth** |  | 2006: God loves each of us in our uniqueness  Reception p.11, 14 | Module 1 Unit 4 Session 1  Growing Up |  |  |  | International Women’s Day |
| **I can:**  **Identify living things** |  |  |  |  | Understanding the world  (30 – 50mths) |  | World Wildlife day  3 March |
| **Name similarities and differences between myself and others** |  | 2006: Wonder at God’s love  Nursery p.8  2006: God loves each of us in our uniqueness  Reception p.11  2020: The wonder of being special and unique p.10 | Module 1 Unit 2 Session 1  I Am Me | 35. I notice we are the same and we are different | The world  (40-60+mths) |  | World Day for Cultural Diversity  21 June |
| **Keep clean by washing and drying my hands** |  |  | Module 1 Unit 2 Session 3  Ready Teddy? |  | Health and self – care (30-50mths) |  | World Health Day  7 April  World water day 22 March |
| Emotional | **I know :**  **What I like and dislike** |  | 2006: Wonder at God’s love  Nursery p.9  2020: The wonder of being special and unique p.11 | Module 1 Unit 3 Session 1  I Like, You Like, We All Like |  | Self-confidence and self-awareness (40-60+mths) | Picture my world |  |
| **Say how I feel at different times** |  | 2006: Wonder at God’s love  Nursery p.9  2020: The wonder of being special and unique p.9 | Module 1 Unit 3 Session 2  Good Feelings, Bad Feelings |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| Social | **I know:**  **Who can help me in school** |  | 2020: The wonder of being special and unique p.9 | Module 2 Unit 3 Session 1  Safe Inside and Out  Session 2  My Body, My Rules | 25. I know when to ask for help and who to ask for help from | Self-confidence and self-awareness (30-50mths) |  |  |
| **That I belong to a family and can name my family members** | Myself (Domestic Church Autumn term | 2006: God loves each of us in our uniqueness  Reception p.11  2020: The wonder of being special and unique p.9 | Module 2 Unit 2 Session 1  Who’s Who |  | Understanding the world People and communities(22-36mths) |  | International Day of Families 15 May |
| **When people are being unkind to me or others and how to respond** |  |  | Module 2 Unit 2 Session 3  Forever Friends | 5. I know what to do if I see anyone being hurt | Making relationships (30-50mths) |  |  |
| **I can:**  **Identify special people (family, carers, friends) in my life** |  | 2006: God loves each of us in our uniqueness  Reception p.12, 13  2020: The wonder of being special and unique p.9, 12 | Module 2 Unit 2 Session 1  Who’s Who |  | Making relationships (30-50mths) |  |  |
| **Show friendly behaviour towards others** |  | 2006: God loves each of us in our uniqueness  Reception p.13  2020: The wonder of being special and unique p.11 | Modules 2 and 3  Unit 1  Religious Understanding |  | Making relationships (30-50mths) |  | Fair Trade Fortnight February |
| **Ask questions about the wider world** | Our World  (Universal Church Summer term) |  | Module 3 Unit 2  Session 1  Me, You, Us |  | Understanding the world –the world  (40-60+mths) | God’s Wonderful World linked to  (Come and See Universal Church) | World Environment Day  5 June |

Key Stage One

|  |  | Come and See | Journey in Love | Life to the Full | Statements to Live By | Science  Curriculum | Links to CAFOD | Links to Global Calendar |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Moral | **I can:**  **Be courteous, for example, remembering to say, ‘please’ and ‘thank you’ without prompting** |  | 2020: We meet God’s love in our family Y1 p.16 | Module 2 Unit 2  Session 2  Treat Others Well | 19. I try to use words that make the world a better place |  |  |  |
| **Be forgiving, able to say sorry to mend relationships** | Being Sorry Y1  Rules Y2  (Reconciliation Summer term) | 2020: We meet God’s love in our family Y1 p.16 | Module 2 Unit 2  Session 3  …And Say Sorry | 31. I know how to show I am sorry  29. I try to forgive people when they hurt me |  |  | International day of Peace  21September |
| **Give thanks for the good things in my life** | Families Y1  Beginnings Y2  (Domestic Church Summer term) | 2020: We meet God’s love in our family Y1 p.16 | Module 2 Unit 2  Session 1  Special People | 20. I try to appreciate the beauty and the wonder in the world around me |  | Picture My World resource  A Day with Musa resource | World Environment Day  5 June |
| **Look after myself and show respect to others** |  | 2020: We meet God’s love in our family Y1 p.18 | Module 2 Unit 2  Session 2  Treat Others Well | 13. I try to love others as I love myself |  | Picture My World resource  A Day with Musa resource | World Faith Week  22-29 October |
| **Be honest, able to tell the truth about my actions** | Being Sorry Y1  Rules Y2  (Reconciliation Summer term) |  | Module 2 Unit 2  Session 3  …And Say Sorry | 31. I know how to show I am sorry |  |  |  |
| **Accept that I do not always get what I want** | Change Y1  Opportunities Y2  (Lent/ Easter Spring term) |  |  | 23. I try to keep going when things get difficult and not give up hope |  |  |  |
| **Be caring, aware of the needs of others** | Holidays and Holydays Y1  Spread the Word Y2  (Pentecost Summer term) |  | Module 2 Unit 2  Session 2  Treat Others Well | 13. I try to love others as I love myself |  | Picture My World resource  A Day with Musa resource | Refugee Week  June  International Day of Families  15 May |

|  |  | Come and See | Journey in Love | Life to the Full | Statements to Live By | Science  Curriculum | Links to CAFOD | Links to Global Calendar |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Spiritual | **I know:**  **That I am special because I am made and loved by God** | Belonging Y1  Signs and Symbols Y2  (Baptism- Autumn term) | 2006: We meet God’s love in our family Y1 p.18  2020: We meet God’s love in our family Y1 p.20 | Module 1 Unit 1  Story Sessions  Handmade with Love  Module 2 Unit 1  Session 1  God Loves You | 1. We are all special |  |  | Universal Children’s Day  20November |
| **That prayer is listening to God as well as talking to Him** | All Topics | All chapters include opportunities for prayer | All Units from ‘Life to the Full’ introduce children to a variety of ways to pray |  |  |  |  |
| **That Catholics belong to the Church family and that Jesus cares for all** | Special People Y1  (Local church- Spring term)  Neighbours Y1  (Universal Church-Summer term) | 2006: We meet God’s love in the community  Y2 p.19  2020: We meet God’s love in the community Y2 p27 |  | 15. I know I belong to a community that includes my school |  | Refugees resource  Universal Church topics | World Refugee Day  20 June |
| **That Jesus tells us to forgive one anot*h*er** | Being Sorry Y1  Rules Y2  (Reconciliation- Summer term) |  | Module 2 Unit 2  Session 3  …And Say Sorry | 31. I know how to show I am sorry |  |  | International Day of Peace  21 September |
| **That I have individual gifts, talents and abilities, given by God** | Beginnings Y2  (Domestic Church-Autumn term) |  | Module 1 Unit 2  Session 1  I am Unique | 2. I can say one good thing about myself |  |  |  |
| Physical | **I know:**  **That babies change and grow and that there are life stages from conception to death** | Change Y1  (Lent/Easter Spring term) | 2006: We meet God’s love in our family Y1 p.15 | Module 1 Unit 4  Session 1  The Cycle of Life |  | Living things and their habitats  Y2 Sc2/2.1b  Animals including humans  Y2 Sc2/2.3b |  |  |
| **That a baby moves as it grows in its mother’s womb** | Waiting Y1  (Advent Autumn term) |  |  |  |  |  | International Women’s Day  8 March |
| **I can:**  **Identify the needs of people and other living things.** |  |  |  |  | Animals including humans  Y2 Sc2/2.3c |  | Human Rights Day  10 December |
| **Describe the similarities and differences between people (general)** |  | 2020: We meet God’s love in the community Y2 p23 | Module 1 Unit 2  Session 2  Girls and Boys | 35. I notice that we are the same and we are different |  | A Day with Musa resource | World Day for Cultural Diversity  21June |
| **Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)** |  |  | Module 1 Unit 2  Session 3  Clean and healthy | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health (circle time) | Animals including humans  Y2 Sc2/2.3c | Health resource  Water resource | World Health Day  7 April  World Water Day  22 March |
|  | **Describe how to keep safe in the sun** |  |  | Module 2 Unit 3  Session 1  Being Safe | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health (circle time) |  | Health resource | World Health Day  7 April |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| Emotional | **I know:**  **That we all have different likes and dislikes** |  |  | Module 1 Unit 3  Session 1  Feelings, Likes and Dislikes |  |  | A Day with Musa resource  One Day One World resource |  |
| **That how I act can have consequences** | Being Sorry Y1  Rules Y2  (Reconciliation  Summer term) |  | Module 1 Unit 3  Session 3  Super Susie Gets Angry |  |  |  |  |
| **I can:**  **Name happy and sad times in my life** | Being Sorry Y1  Rules Y2  (Reconciliation Summer term) | 2006: We meet God’s love in our family Y1 p.15  2006 We meet God’s love in the community  Y2 p.21  2020: We meet God’s love in our family Y1 p16 | Module 1 Unit 3  Session 2  Feeling Inside Out | 3. I can say how I feel (circle time) |  |  | International Day of Families  15 May |
| **Manage my feelings and behaviour** | Being Sorry Y1  Rules Y2  (Reconciliation Summer term) |  | Module 1 Unit 3 Session 2  Feelings Inside and Out  Module 1 Unit 3  Session 3  Super Susie Gets Angry | 3. I can say how I feel (circle time) |  |  |  |
|  | **Talk about my mood and know that how I am feeling is a normal part of daily life** |  |  | Module 1 Unit 3  Session 2  Feeling Inside Out | 3. I can say how I feel (circle time) |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| Social | **I know:**  **Who to go to if I am worried or need help** |  |  | Module 2 Unit 3  Session 1  Being Safe | 25. I know when to ask for help and who to ask for help from |  |  |  |
| **That healthy families love, care and protect one another and that there are different family structures and these should be respected** | Families Y1 (Domestic Church Autumn term) | 2006: We meet God’s love in our family Y1 p.17  2020: We meet God’s love in our family Y1 p15-21 | Module 2 Unit 2  Session 1  Special People |  |  |  | Refugee Week June  International Day of Families  15 May |
| **That there are different types of teasing and bullying which are wrong and unacceptable and how to respond** |  | 2020: We meet God’s love in our family Y1 p16 | Module 1 Unit 3 Session 2  Feelings Inside and Out  Module 2 Unit 2  Session 2  Treat Others Well | 5. I know what to do if I see anyone being hurt  7. I try to stand up for myself and others |  |  | Anti-Bullying Week  November    Internet Safety Week  February |
| **How my behaviour affects other people and that there are appropriate and inappropriate behaviours** | Rules Y2  (Reconciliation Autumn term) | 2006: We meet God’s love in the community  Y2 p.19  2020: We meet God’s love in our family Y2 p25 | Module 2 Unit 2  Session 2  Treat Others Well |  |  |  | Anti-Bullying Week  November  Internet Safety Week  February |
| **Recognise the characteristics of positive and negative relationships** |  |  | Module 2 Unit 3 Session 2  Good and Bad Secrets | 26. I can recognise comfortable and  uncomfortable feelings (circle time) |  |  |  |
| **How to use simple rules for resisting pressure when I feel unsafe or uncomfortable** |  | 2020: We meet God’s love in our family Y2 p25-26 | Module 2 Unit 3 Session 2  Good and Bad Secrets | 26. I can recognise comfortable and  uncomfortable feelings (circle time) |  |  | Anti-Bullying Week  November  Internet Safety Week  February |
| **I can:**  **Recognise what makes people special.** |  |  | Module 2 Unit 2  Session 1  Special People | 1. We are all special |  | KS1 Bangladesh resource | International Day for Children  12 April |
| **Be friendly and can make friends** |  |  | Module 2 Unit 2  Session 2  Treat Others Well | 18. I cooperate with others in work and play.  (circle time) |  |  |  |
| **Recognise that I can belong to a variety of communities locally, nationally and globally** | Special People Y1  Books Y2  (Local church Spring term)  Neighbours Y1  (Universal Church-Summer term) | 2020: We meet God’s love in our family Y2 p27-281 | Module 3 Unit 1  Session 2  Who is My Neighbour?  Module 3 Unit 2  Session 1  The Communities We Live In | 15. I know I belong to a community that includes my school |  | KS1 Bangladesh resource  Laudato Si  Care for our Common Home | Fair Trade Fortnight  February |
| **Show awareness of differences between my life and others in the wider world** | Neighbours Y1  (Universal Church-Summer term) | 2006: We meet God’s love in the community  Y2 p.19 | Module 3 Unit 1  Session 1  Trinity House  Module 3 Unit 1  Session 2  Who is my Neighbour |  |  | Fair Trade  Resource  Laudato Si  Care for our Common Home | Fair Trade Fortnight  February |
|  | **Get adult help if someone is hurt** |  |  |  | 27. I know how to help others when they are in trouble |  |  | Emergency Services Day |

|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Moral | **I can**  **Be courteous, showing good manners at home and in school** |  |  | Module 2 Unit 2 Session 1  Family, Friends and Others | 19. I try to use words that make the world a better place |  |  |  |
| **Be forgiving, able to say sorry and not hold grudges against those who have hurt me** | Choices Y3  Building Bridges Y4  (Reconciliation- Summer term) | 2020: How we live in love Y3 p.32-33 | Module 2 Unit 2 Session 1  Family, Friends and Others | 33. I try to accept forgiveness from others |  | Peace and Conflict resource | International Day of Peace  21September |
| **Be grateful to others for the good things in my life** | Homes Y3  (Domestic Church-Autumn term) |  | Module 2 Unit 2 Session 1  Family, Friends and Others | 20. I try to appreciate the beauty and the wonder in the world around me |  | One Day One World resource | World Environment Day  5 June |
| **Be respectful of myself and others, recognising differences** |  | 2006: How we live in love Y3 p.23  2020: God loves us in all our differences Y4 p.39-45 | Module 1 Unit 2  Session 1  We Don’t Have to be the Same | 33. I know what human dignity means and I show that I respect others |  | One Day One World resource | World Faith Week  22-29 October |
| **Be honest, able to be truthful in my relationships with others** | Choices Y3  Building Bridges Y4  (Reconciliation -Summer term and Sacramental Preparation-Autumn term) | 2006: How we live in love Y3 p.25  2020: How we live in love Y3 p.30-36 | Module 2 Unit 2 Session 1  Family, Friends and Others | 31. I know how to show I am sorry |  |  |  |
| **Accept that I do not always get what I want and show an awareness of why this is** | Self-Discipline Y4  (Lent/Easter-Spring term) |  |  | 10. I think before I make choices that affect my health |  |  |  |
| **Be caring, aware of the needs of others and responding to those needs** | Energy Y3  New Life Y4  (Pentecost-Summer term) | 2020: God loves us in all our differences Y4 p.42 | Module 2 Unit 2 Session 1  Family, Friends and Others | 27. I know how to help others when they are in trouble  34. I stand up for people who are being treated unfairly |  | All CAFOD resources | Refugee Week June  Fair Trade Fortnight  26 February |

|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
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| Spiritual | **I know:**  **That life is precious and given by God** | Homes Y3  People Y4  (Domestic Church-Autumn term)  Other Faiths weeks | 2006: God loves us in all our differences  Y4 p. 28 -32 | Module 1 Unit 1  Story Sessions  Designed for a Purpose  Module 1 Unit 2  Session 1  We Don’t Have to be the Same | 35. I notice that we are the same and we are different  36. I try to be accepting of others |  | One Day One World | Universal Children’s Day 20 November  International Day for Tolerance  16 November |
| **That I can spend time with God in prayer by myself and with others**  **which helps me in life** | All Topics | 2006: How we live in love Y3  2006 God loves us in all our differences Y4  2020: How we live in love Y3  2020: God loves us in all our differences Y4 | All Units from ‘Life to the Full’ introduce children to a variety of ways to pray |  |  |  |  |
| **That belonging to the Church family means that I should love other people in the same way as Jesus does** | Journeys Y3  Community Y4  (Local Church-Spring term)  Called Y4  Baptism/Confirmation-Autumn term |  | Module 3 Unit 1  Session 2  Where is Church? | 15. I know I belong to a community that includes my school |  | Refugees resource  Universal Church topics | Refugee Week June  International Day of Families 15 May |
| **That following Jesus’ teaching on forgiveness can help me in my relationships my friends** | Choices Y3  Building Bridges Y4  (Reconciliation-Summer term) | 2006: God loves us in all our differences  Y4 p.30  2020: How we live in love Y3 p.30-37 | Module 2 Unit 1  Story Sessions  Jesus My Friend | 33. I try to accept forgiveness from others |  |  |  |
| **That God wants me to use my individual gifts, talents and abilities** |  | 2006: God loves us in all our differences  Y4 p.31 | Module 1 Unit 2  Session 1  We Don’t Have to be the Same | 2. I can say one good thing about myself |  |  |  |

|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
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|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
| Physical | **I know:**  **That my body is changing as I grow and some of the changes that occur throughout life.** |  | 2006: God loves us in all our differences  Y4 p.28-32 | Module 1 Unit 2 Session 3  What is Puberty?  (optional – can be left to Upper KS2)  Module 1 Unit 2  Session 4  Changing Bodies  (optional – can be left to Upper KS2) |  |  |  | Universal Children’s Day 20 November  International Day for Older Persons  1October |
| **How a baby grows and develops in its mother’s womb** | Visitors Y3  (Advent-Autumn term) | 2006: God loves us in all our differences  Y4 p.29 | Module 1 Unit 4  Session 1  Life Cycles  (optional – can be left to Upper KS2) |  |  |  | International Women’s Day  8 March |
| **I can:**  **Describe the needs of people and other living things, including the need to reproduce** |  | 2006: God loves us in all our differences  Y4 p.28-32 | Module 1 Unit 1  Story Sessions  Designed for a purpose |  |  |  |  |
| **Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions** |  | 2006: God loves us in all our differences  Y4 p.28 | Module 1 Unit 2  Session 4  Changing Bodies | 35. I notice that we are the same and we are different |  | One Day One World resource | Universal Children’s Day 20 November |
| **Describe a healthy life-style, including physical activity, dental health, healthy eating, sleep and hygiene** |  |  | Module 1 Unit 2  Session 2  Respecting Our Bodies | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health | Animals including humans  Y3 Sc3/2.2 |  | World Health Day  7 April  World Toilet Day  19 November |
|  | **Describe how and why to keep safe in the sun** |  |  | Module 1 Unit 2  Session 2  Respecting Our Bodies | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health |  |  | World Health Day  7 April |

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|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
| Emotional | **I can:**  **Confidently say what I like and dislike** |  | 2006: How we live in love Y3 p.26 |  | 2. I can say one good thing about myself |  | One Day One World resource |  |
| **I know:**  **That some behaviour is unacceptable** |  | 2006: How we live in love Y3 p.26  2006: God loves us in all our differences  Y4 p.30-32  2020: How we live in love Y3 p.32 | Module 2 Unit 2  Session 2  When Things Feel Bad | 5. I know what to do if I see anyone being hurt |  | Global Neighbours resource  Laudato Si Care for our Common Home | Holocaust Memorial Day  27 January  World Environment Day  5 June |
| **I can:**  **Describe the wider range of my feelings** |  | 2006: God loves us in all our differences  Y4 p.30-32 | Module 1 Unit 3  Session 1  What Am I Feeling? |  |  |  |  |
| **Describe changes that happen in life e.g. loss, separation, divorce and bereavement** | Community Y4  (Local church-Spring term) |  | Module 2 Unit 2  Session 3  When Things Change  Module 1 Unit 3  Session 3  I am Thankful | 3. I can say how I feel (circle time) |  |  |  |
| **Cope with natural negative emotions and show resilience following setbacks** |  | 2006: How we live in love Y3 p.26  2006: God loves us in all our differences  Y4 p.30-32 | Module 2 Unit 2  Session 3  When Things Change  Module 1 Unit 3  Session 3  I am Thankful | 23. I try to keep going when things get difficult and not give up hope |  |  |  |
|  | **Describe some ways to maintain good mental health,(exercise, diet sleep, company)** |  |  |  | 3. I can say how I feel (circle time) |  |  | Mental Health Awareness Day/Week |

|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
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| Social | **I know:**  **That I can go to a number of different people for help in different situations.** |  | 2006: How we live in love Y3 p.23  2020: How we live in love Y3 p.30, 32 | Module 2 Unit 2  Session 2  When Things Feel Bad | 25. I know when to ask for help and who to ask for help from |  |  |  |
| **That there are different types of relationships including those between acquaintances, friends, relatives and family** | People Y4 (Domestic Church-Autumn term) | 2020: How we live in love Y3 p.30 | Module 2 Unit 2 Session 1  Family, Friends and Others | 35. I notice that we are the same and we are different |  |  |  |
| **What bullying is (including cyber-bullying) and how to respond** |  | 2020: How we live in love Y3 p.32 | Module 2 Unit 2  Session 2  When Things Feel Bad |  |  |  | Anti-Bullying Week  November |
| **That not all images, language and behaviour are appropriate** |  |  | Module 2 Unit 2  Session 2  When Things Feel Bad  Module 2 Unit 3  Session 2  Chatting Online | 26. I can recognise comfortable and  uncomfortable feelings (circle time) |  |  | Internet Safety Week  February |
| **The difference between good and bad secrets** |  |  | Module 2 Unit 2  Session 2  When Things Feel Bad  Module 2 Unit 3  Session 3  Physical Contact | 15. I know I belong to a community that includes my school |  |  |  |

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|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
| **How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online** |  | 2020: How we live in love Y3 p.30-32 | Module 2 Unit 3 Session 1  Sharing Online  Module 2 Unit 3 Session 2  Chatting Online |  |  |  | Internet Safety Week  February |
| **I can:**  **Show care and concern for the special people in my life** | Giving and Receiving Y4  (Eucharist-Spring term) | 2006: How we live in love Y3 p.23 | Module 2 Unit 2 Session 1  Family, Friends and Others | 18. I cooperate with others in work and play  (circle time) |  |  |  |
| **Be friendly, able to make and keep friends** | Choices Y3  Building bridges Y4  (Reconciliation-Summer term) | 2006: How we live in love Y3 p.24  2020: How we live in love Y3 p.29-33 | Module 2 Unit 2 Session 1  Family, Friends and Others | 18. I cooperate with others in work and play  (circle time) |  |  |  |
| **Show concern for the communities to which I belong, aware that my behaviour has an impact upon them** | Choices Y3  Building bridges Y4  (Reconciliation-Summer term)  Other Faiths weeks | 2006:How we live in love Y3 p.23  2020: How we live in love Y3 p.32  2020: God loves us in all our differences Y4 p.40 | Module 3 Unit 1  Session 1  Trinity House  Module 3 Unit 1  Session 2  Where is Church? | 18. I cooperate with others in work and play  (circle time) |  | Climate and Environment Resource  Fair Trade Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |

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|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
| **Identify injustices in the wider world** | Special Places Y3  God’s People Y4  (Universal Church-Summer term) | 2020: God loves us in all our differences Y4 p.40-43 | Module 3 Unit 1  Session 1  Trinity House  Module 3 Unit 1  Session 2  Where is Church? |  |  | Climate and Environment Resource  Fair Trade Resource  Laudato Si | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |
|  | **Make a clear and efficient call to emergency services if necessary** |  |  |  | 27. I know how to help others when they are in trouble |  |  | Emergency services day |

|  |  | Come and See | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
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| Moral | **I can:**  **Be courteous in my dealings with friends and strangers** |  |  | Module 1 Unit 1  Story sessions  Kester’s Adventures | 19. I try to use words that make the world a better place |  |  |  |
| **Be forgiving, developing the skills to allow reconciliation in relationships** | Freedom and Responsibility Y5  (Reconciliation-Summer term) |  | Module 1 Unit 1  Story sessions  Kester’s Adventures | 29. I try to forgive people when they hurt me |  |  | International day of Peace  21 September |
| **Demonstrate my gratitude to others for the good things in my life through words and actions** | Ourselves Y5  Loving Y6  (Domestic Church-Autumn term) |  | Module 1 Unit 1  Story sessions  Kester’s Adventures | 20. I try to appreciate the beauty and the wonder in the world around me |  | One Day One World resource | World Environment Day  5 June |
| **Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)** | Ourselves Y5  (Domestic Church-Autumn term)  Other Faiths weeks | 2006: God loves me in my changing and development  Y5 p.33-36  2020: God loves us in our changing and developing  Y5 p.47  2020 The wonder of God’s love in creating new life Y6 p.58 |  | 36. I try to be accepting of others |  | One Day One World resource | One World Week  October  World Faith Week  November |
| **Be honest, striving to live truthfully and with integrity, using good judgement** |  |  | Module 1 Unit 1  Story sessions  Kester’s Adventures | 8. I try to be just and fair |  |  |  |
| **Be self-disciplined and able to delay or even deny myself** | Sacrifice Y5  Death and New Life Y6  (Lent/Easter-Spring term) |  |  |  |  | Advent and Lent Resources |  |
| **Be compassionate, able to empathise with the suffering of others and displaying the generosity to help** | Sacrifice Y5  Death and New Life Y6  (Lent/Easter-Spring term) |  |  | 27. I know how to help others when they are in trouble  34. I stand up for people who are being treated unfairly |  | All CAFOD resources | Refugee week  June  Fair Trade Fortnight  February |
|  |  |  |  |  |  |  |  |  |
| Spiritual | **I know:**  **That we are all children of God and made in God’s image and likeness** | Ourselves Y5  (Domestic Church-Autumn term) | 2006: God loves me in my changing and development  Y5 p.33-36  2020: God loves us in our changing and developing  Y5 p.49, 53  2020 The wonder of God’s love in creating new life Y6 p.58 | Module 1 Unit 1  Story sessions  Kester’s Adventures  Module 1 Unit 2  Session 1  Gifts and Talents | 1. We are all special |  | One Day One world resource | World Day for Cultural Diversity  21 June  International Day for Tolerance  16 November |
| **That prayer and worship nourish my relationship with God and support my relationships with others** | All topics | 2006: God loves me in my changing and development  Y5  2006: The wonder of God’s love in creating new life  Y6  2020: God loves us in our changing and developing Y5  2020 The wonder of God’s love in creating new life Y6 | All Units from ‘Life to the Full’ introduce children to a variety of ways to pray |  |  | CAFOD Assembly resources |  |
| **That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)** | Common Good Y6  (Universal Church-Summer term)  Mission Y5  (Local Church-Spring term)  Unity Y6  (Eucharist-Spring term) |  |  | 15. I know I belong to a community that includes my school |  | Universal Church Topic Year 6 | Fair Trade Fortnight February  Refugee week June |
| **The importance of forgiveness and reconciliation in relationships and**  **the challenges involved in following Jesus’ teaching on forgiveness** | Freedom and Responsibility Y5  Healing Y6  (Reconciliation-Summer term) |  |  | 29. I try to forgive people when they hurt me  33. I try to accept forgiveness from others |  | Advent and Lent resources | International Day of Peace  21September |
| **That each person has a purpose in the world and that God has created me for a particular purpose (vocation)** | Life Choices Y5  Vocation and Commitment Y6  (Baptism/  Belonging-Autumn term) |  | Module 2 Unit 1  Session 1  Is God Calling You? |  |  | Oscar Romero resource |  |
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| Physical | **I know:**  **The changes that occur at each stage of a human being’s life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty** |  | 2006: God loves me in my changing and development  Y5 p.33-34  2020: God loves us in our changing and developing  Y5 p.50-51 | Module 1 Unit 2  Session 1  Girl’s Bodies  Module 1 Unit 2  Session 2  Boy’s Bodies |  | Animals including humans Sc5/2.2a |  | International Youth Day  12 August  International Day for Older Persons  1 October |
| **About the week by week development of the baby in its mother’s womb** |  | 2006: The wonder of God’s love in creating new life  Y6 p.40-41  2020 The wonder of God’s love in creating new life Y6 p.60-61 | Lower KS2 Life Cycles could be used here  Module 1 Unit 4  Session 1 |  |  |  | International Women’s Day  8 March |
| **How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle** |  | 2006: God loves me in my changing and development Y5 p.34  2006: The wonder of God’s love in creating new life  Y6 p.40-41  2020: God loves us in our changing and developing  Y5 p.51  2020 The wonder of God’s love in creating new life Y6 p.59-60 | **Module 1 Unit 3**  **Sessions 1-3**  **Making Babies (Part 1 and 2)**  **(parents may withdraw )**  Session 3  Menstruation |  |  |  |  |
| **About the differences between boys and girls with regard to puberty and reproduction** |  | 2006: God loves me in my changing and development Y5 p.33-36  2006: The wonder of God’s love in creating new life  Y6 p.37-39  2020: God loves us in our changing and developing  Y5 p.50-51  2020 The wonder of God’s love in creating new life Y6 p.59 | Module 1 Unit 2  Session 1  Girl’s Bodies  Module 1 Unit 2  Session 2  Boy’s Bodies |  |  |  |  |
| **About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination** |  |  | Module 1 Unit 2  Session 4  Spots and Sleep | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health | Animals including humans SC6/2.2b |  | World Health Day  7 April  World Toilet Day  19 November |
|  | **About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage** |  |  |  | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health |  |  | World Health Day  7 April |
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| Emotional | **I can:**  **Be confident in my relationships with my peers in various situations, including online** |  | 2020: God loves us in our changing and developing  Y5 p.48  2020 The wonder of God’s love in creating new life Y6 p.63 | Module 2 Unit 3  Session 1  Sharing Online  Module 2 Unit 3  Session 2  Chatting Online |  |  |  | Internet Safety Week  February |
| **I know:**  **That some behaviour is unacceptable, unhealthy or risky** |  | 2020: God loves us in our changing and developing  Y5 p.47-48  2020 The wonder of God’s love in creating new life Y6 p.63 | Module 1 Unit 3  Session 2  Peculiar Feelings | 6. I understand that rights match responsibility |  |  | Internet Safety Week  February |
| **I can:**  **Describe how my emotions may change and intensify as I grow and move through puberty** |  | 2006: God loves me in my changing and development  Y5 p.35  2006: The wonder of God’s love in creating new life  Y6 p.42-43  2020: God loves us in our changing and developing  Y5 p.48, 51 | Module 1 Unit 3  Session 3  Emotional Changes | 3. I can say how I feel |  |  |  |
| **Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement** | Death and New Life  Y6  (Lent/Easter-Spring term) |  | Module 1 Unit 3  Session 3  Emotional Changes |  |  |  |  |
| **Show resilience and manage risk in order to resist unacceptable pressure**  **and show determination and courage when faced with new challenges** |  | 2006: God loves me in my changing and development  Y5 p.35  2020: God loves us in our changing and developing  Y5 p.51  2020 The wonder of God’s love in creating new life Y6 p.63 | Module 2 Unit 2 Session 1  Under Pressure  Module 2 Unit 2 Session 2  Do You Want a Piece of Cake?  Module 1 Unit 3  Session 1  Body Image | 9. I can tell you how I look after myself |  |  | Internet Safety Week  February |
|  | **Describe the impact that poor lifestyle choices can have on mental health**  **and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well- being.** |  |  | Module 1 Unit 2  Session 4  Spots and Sleep | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health |  |  | Mental Health Awareness day/week |
| Social | **I know:**  **That there are a number of different people and organisations I can go to for help in different situations and how to contact them** |  |  |  | **25. I know when to ask for help and who to ask for help from** |  |  |  |
| **About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference** | Other Faiths weeks |  | Module 3 Unit 1  Session 1  Trinity House  Module 3 Unit 1  Session 2  Catholic Social Teaching | 36. I try to be accepting of others |  | Global Neighbours resource | World Day for Cultural Diversity  21 May |
| **How to report and get help if I encounter inappropriate materials or messages** |  | 2020 The wonder of God’s love in creating new life Y6 p.63 | Module 1 Unit 3  Session 4  Seeing Stuff Online | 25. I know when to ask for help and who to ask for help from |  |  | Internet Safety Week  February |
| **How to use technology safely** |  |  | Module 2 Unit 3  Session 1  Sharing Online  Module 2 Unit 3  Session 2  Chatting Online |  |  |  | Internet Safety Week  February |

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|  |  | Come and See | Journey in Love | Life to the Full | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
| **How to make informed choices in relationships** |  | 2006: God loves me in my changing and development  Y5 p.35  2006: The wonder of God’s love in creating new life  Y6 p.42  2020: God loves us in our changing and developing  Y5 p.48  2020 The wonder of God’s love in creating new life Y6 p.63 | Module 2 Unit 3  Session 1  Sharing Online  Module 2 Unit 3  Session 2  Chatting Online  Module 2 Unit 3  Session 3  Physical Contact |  |  |  |  |
| **That my increasing independence brings increased responsibility to keep myself and others safe** |  |  | Module 2 Unit 3  Session 1  Sharing Online  Module 2 Unit 3  Session 2  Chatting Online | 6. I understand that rights match responsibility |  |  | Internet Safety Week  February |
| **I can:**  **Show care and concern for the special people in my life and put their needs before my own** | Sacrifice Y5  Death and New Life Y6(Lent/Easter-Spring term) |  | Module 3 Unit 1  Session 1  Trinity House |  |  |  |  |
| **Be loyal, able to develop and sustain friendships** |  |  |  |  |  |  |  |
| **Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally** | Stewardship Y5  Common good Y6  (Universal Church-Summer term) |  | Module 3 Unit 1  Session 2  Catholic Social Teaching |  |  | Climate and Environment Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day 5th June |
| **Speak out about injustice in the wider world and what I can do to help.** | Stewardship Y5  Common good Y6  (Universal Church-Summer term) |  | Module 3 Unit 2  Session 1  Reaching Out |  |  | Fair Trade Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |
|  | **About some basic first-aid, dealing with common injuries** |  |  |  | 27. I know how to help others when they are in trouble |  |  | Emergency services Day |

Resources referenced in this document:

**Come and See** – Sr Victoria Hummel – Matthew James Publishing Co ltd <http://www.comeandseere.co.uk/>

**Early Learning Goals** from Statutory Framework for Early Years/Foundation Stage

<https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf>

**Science Curriculum 2014** <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

**A Journey in Love** – Sr Jude Groden RSM McCrimmon Publishing Co Ltd [2006 and 2020 editions] <http://www.mccrimmons.com/shop/relationships/>

**Life to the Full –** Ten: Ten Resources (including EYFS resources September 2020)[www.tentenresources.co.uk/relationship-education](http://www.tentenresources.co.uk/relationship-education)

**CAFOD** – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

**Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition** – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

Global Calendar

https://globaldimension.org.uk/calendar/

Suggested additional Resources

**Social and Emotional Aspects of Learning (SEAL)** published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

PSHE guidance from PSHE Association: [https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe](\\\\dc3\\Diocese\\Education\\Schools\\Relationship and Sex Education\\Draft updated  docs\\ph)

[https://www.pshe-association.org.uk/](\\\\dc3\\Diocese\\Education\\Schools\\Relationship and Sex Education\\Draft updated  docs\\ph)

It is recommended that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).